

## Meeting 1: “Welcome to Our Environmental Sustainability Program”

1. Announce that environmental sustainability is a new office activity, with the goal of qualifying for the Green Doctor Office certificate from My Green Doctor. Announce who will be the initial leader.
2. Explain that your office or clinic will be adding five minutes of “sustainability” to each office meeting.
3. Thank everyone for participating. Encourage each to register at [www.MyGreenDoctor.org](http://www.MyGreenDoctor.org) or [www.MyGreenDoctor.es](http://www.MyGreenDoctor.es). It takes three minutes to register, is free, safe, and no password is needed.
4. Explain that your office or clinic will use My Green Doctor to make gradual improvements in the office. The topics will include energy efficiency, water use, recycling, climate change, renewable energy, transportation choices, healthy foods, and patient education.
5. Read aloud “Ten Reasons to Go Green”: <https://mygreendoctor.org/welcome-to-my-green-doctor/ten-reasons-to-go-green/>. **This is provided below.**
6. Find someone to print two copies of your “Pledge Certificate” and to buy simple frames for displaying these in your waiting room and lunchroom.
7. After the meeting, fill out the Green Team Notes form. Keep it very brief– not more than 5 minutes for the Notes: <https://mygreendoctor.org/resources/green-team-notes-form/>



### Ten Reasons to “Go Green”:

1. Leads to wiser & more responsible uses of resources.
2. “Going Green” saves money by lowering office expenses.
3. Creates a healthier work environment.
4. Encourage teamwork and finding better ways to do things.
5. Can generate ideas from every member of the office or clinic.
6. Improves job satisfaction.
7. Enhances the office’s public image and the trust of patients.
8. Decreases air pollution, water consumption, and waste.

9. Builds a healthier community.

10.Helps to make environmental sustainability part of everyone's life!