

Meeting 6: Education: Sharing Wise Information with Patients & Families



- Bring a computer for this meeting, open to the Resources page): <https://mygreendoctor.org/resources/>.
1. Thank everyone for participating.
 2. Ask your leaders to report the progress with the Energy Efficiency Action Steps and with Solid Waste & Recycling.
 3. Explain that this meeting is to decide how to share sensible My Green Doctor ideas with office colleagues, families, and patients.
 4. Verify that your Green Doctor Office Pledge certificate is printed, framed, and displayed in the waiting room and lunchroom. If not, find a volunteer to do this. Obtain the certificate by registering at <https://mygreendoctor.org/> or <https://www.MyGreenDoctor.es/> (en Espanol). It is available in any language.
 5. Here are several Education ideas (pick two or three)
 - From the Resources page, decide to print one or more **brochures** to offer to patients in the waiting room. Consider printing one of our **climate change** education or **energy efficiency** brochures, for example. Who will take responsibility for this?
 - Consider a short survey to ask your patients in the waiting room whether they like being offered these brochures, are they likely to share the information with their families, which other topics would they like to learn about.



Green Cleaning

Simply "clean"
with
soap and water



- Start an office "Tip of the Week" Program for office colleagues and patients. We provide dozens of simple Tips on the Resources page <https://mygreendoctor.org/resources/>. Who will pick the "Tip" for each week? How will it be announced: verbally at a meeting, by email, by Electronic Medical Record, by newsletter, or posted on a bulletin board?
 - From the Resources page or from another website, choose a **poster** to print, frame, and display. Who will this project? For fun, consider making your own poster, or for one of your children to design a colorful poster.
6. Decide to write a short announcement concerning one of your Action Steps for each edition of your office newsletter. Or share with your

patients and colleagues several of the brief My Green Doctor blogs:
<https://mygreendoctor.org/blog-2/>.

7. Announce the date for the next meeting, on the topic, "Drug Disposal & Chemicals".
8. After the meeting, fill out the Green Team Notes form. Keep your Notes very brief– not more than 5 minutes for the Notes: <https://mygreendoctor.org/resources/green-team-notes-form/>



Climate Change and Your Health: What You Can Do

"The greatest threat to our planet is the belief that someone else will save it." R Swan

**Ideas for Living, from your
health professionals and
My Green Doctor**



Cambio Climático y su Salud: Qué se Puede Hacer

"La peor amenaza para nuestro planeta es creer que alguien más lo va a salvar" R. Swan

**Ideas para Vivir, de sus
profesionales de la salud y
My Green Doctor**

