



Meeting-by-Meeting Guide: Scripts for Monthly Meetings 1 - 10

Meeting 1: Welcome to Our Environmental Sustainability Program

1. Announce that environmental sustainability is a new practice activity that will be on the agenda of a meeting once a month. Announce who will be the initial leader for these discussions.
2. Explain that this will take about five minutes once a month during the meetings.
3. Explain the My Green Doctor website will be the guide for the environmental sustainability program. Encourage each person to register at:

<https://mygreendoctor.org/>

It takes three minutes to register. Provide your discount code if your practice has one.

4. Explain that your office or clinic will use My Green Doctor to make gradual improvements in the office. The topics will include energy efficiency, water use, recycling, climate change, renewable energy, transportation choices, healthy foods, and patient education.
5. Read aloud “Ten Reasons to Go Green”:

[Ten Reasons To Go Green](#)

6. Find someone to print two copies of your Pledge Certificate and to buy simple frames for displaying these in your waiting room and staff break room.
7. After the meeting, fill out the Green Meeting Notes form. Keep it very brief– not more than 5 minutes for completing the form: [Green Meeting Notes Form](#). File this and email it to: member.services@mygreendoctor.org



Ten Reasons to “Go Green”



1. Leads to wiser & more responsible uses of resources.
2. “Going Green” saves money by lowering office expenses.
3. Creates a healthier work environment.
4. Encourages teamwork and finding better ways to do things.
5. Can generate ideas from every member of the office or clinic.
6. Improves job satisfaction.
7. Enhances the office’s public image and the trust of patients.
8. Decreases air pollution, water consumption, and waste.
9. Builds a healthier community.
10. Helps to make environmental sustainability part of everyone’s life!