



Meeting 6: Education: Information for Patients and Families

For Meeting 6, bring a computer for this meeting and open it to the page:
[Educational Resources](#)

1. Thank everyone for participating. Explain that Meeting 6 is about informing patients and families on wise environmental sustainability and climate change choices that can save them money and improve their health.
2. Ask your leaders to report on the progress with your Energy Efficiency and Solid Waste and Recycling Action Steps.
3. Choose one or two Education Steps for the practice from the list below.
4. Announce the date for the next meeting, on the topic, "Drug Disposal and Chemicals".
5. After the meeting, fill out the Green Meeting Notes form. Keep it very brief– not more than 5 minutes for completing the form: [Green Meeting Notes Form](#) . File this and email it to: member.services@mygreendoctor.org.



Education Steps



Provide a Handout That Gives Patients Access to My Green Doctor's Brochures

My Green Doctor's Healthy Home brochures are packed with easy-to-understand background information and with ideas for the home. Using the QR code below, the brochures can be read using a smart phone or computer with no special software needed.

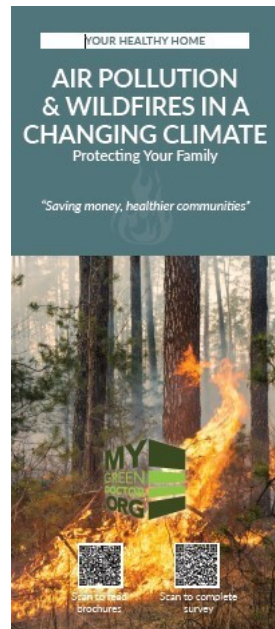
Create a one-page handout to leave for patients in the waiting room or to give to them at discharge. It might say: "We wish to share ideas for your home and family about



environmental sustainability and climate change. This information may save you money and improve your health. Use this QR code to read practical brochures on your computer or phone. These brochures are available on many topics and in English and Spanish languages:



You might include some of these images on the handout:



Print One or More Patient Brochures

From the Education page, decide to print one or more brochures to offer to patients in the waiting room: [Patient Brochures](#)

Issues to discuss:



1. Can we agree to do this?
2. Who will lead this Action Step?



Ask My Green Doctor to Mail Your Practice 500 Patient Brochures

My Green Doctor can ship you 500 brochures of your choice, most available in English and Spanish, for \$45 (US) plus the price of postage. If you serve an economically disadvantaged community, we may be able to provide these for free as a service of the My Green Doctor Foundation. Email us at: member.services@mygreendoctor.org.

Issues to discuss:

1. Can we agree to do this?
2. Who will lead this Action Step?



Start an office “Tip of the Month” Program for office colleagues and patients.

We provide dozens of simple tips on the Education page and ideas on how to share them:

[Tip of the Month](#)

Issues to Discuss:

1. Can we agree to do this?
2. Who will lead this Action Step and pick the “Tip” for each month?
3. How will it be announced: verbally at a meeting, by email, by Electronic Medical Record, by newsletter, or posted on a bulletin board?



Print and Display an Environmental Sustainability Poster for the Waiting Room

From the Education page: [Waiting Room Posters](#) or from another website, choose a poster to print, frame, and display.

Issues to Consider:

1. Can we agree to do this?
2. Who will lead this project? For fun, consider making your own poster, or for one of your children to design a colorful poster.



Brag A Bit in Your Newsletters

Decide to write a short announcement for your patient or staff newsletter concerning your My Green Doctor environmental sustainability program work. You might highlight one Action Step you have worked on or write broadly about all your efforts. Another option would be to share one of My Green Doctor's short essays:

<https://mygreendoc2024.wpenginpowered.com/news-and-events/>

Issues to Consider:

1. Can we agree to do this?
2. Who will lead this project?